## weekly meal planner

FOR THE WEEK OF:

SUNDAY	SHOPPING LIST
В	
L	
D	
MONDAY	
В	
L	
D	
TUESDAY	
B	
L	
D	
WEDNESDAY	
В	
L	
D	
THURSDAY	
В	
L	
D	
FRIDAY	
В	
L	
D	
SATURDAY	
В	
L	
D	