

# weekly meal planner

FOR THE WEEK OF: \_\_\_\_\_

MONDAY	SHOPPING LIST
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>
TUESDAY	<input type="checkbox"/>
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>
WEDNESDAY	<input type="checkbox"/>
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>
THURSDAY	<input type="checkbox"/>
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>
FRIDAY	<input type="checkbox"/>
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>
SATURDAY	<input type="checkbox"/>
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>
SUNDAY	<input type="checkbox"/>
B	<input type="checkbox"/>
L	<input type="checkbox"/>
D	<input type="checkbox"/>