

weekly meal planner

FOR THE WEEK OF: _____

MONDAY		SHOPPING LIST	
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>
TUESDAY			<input type="checkbox"/>
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>
WEDNESDAY			<input type="checkbox"/>
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>
THURSDAY			<input type="checkbox"/>
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>
FRIDAY			<input type="checkbox"/>
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>
SATURDAY			<input type="checkbox"/>
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>
SUNDAY			<input type="checkbox"/>
B			<input type="checkbox"/>
L			<input type="checkbox"/>
D			<input type="checkbox"/>