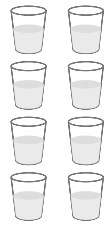
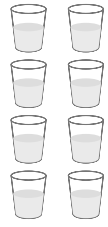
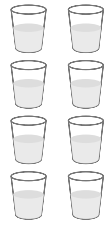
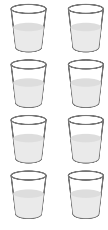
weekly meal planner

and water tracker

monday	
tuesday	
wednesday	
thursday	
friday	
saturday	
sunday	

grocery list