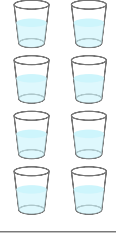








# weekly meal planner

## and water tracker

<b>monday</b>	
<b>tuesday</b>	
<b>wednesday</b>	
<b>thursday</b>	
<b>friday</b>	
<b>saturday</b>	
<b>sunday</b>	

### grocery list