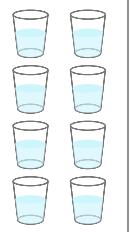
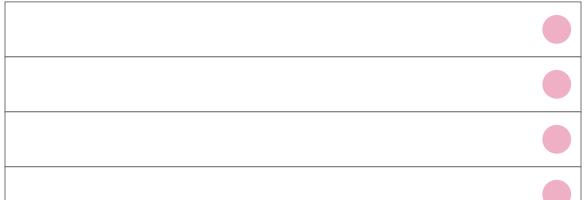
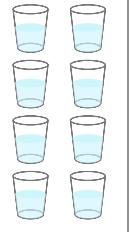
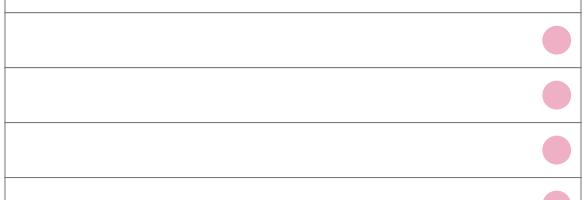
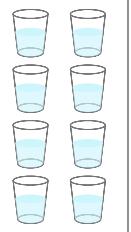
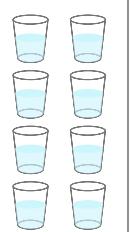
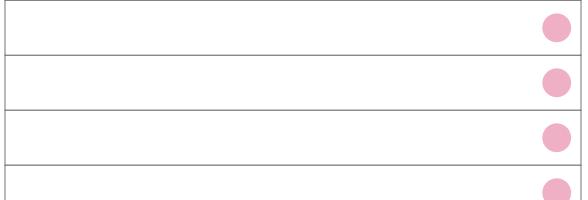
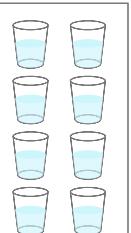
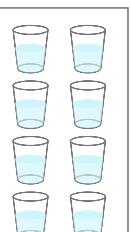
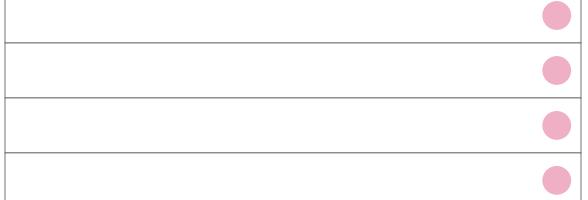


weekly meal planner

and water tracker

sunday			
monday			
tuesday			
wednesday			
thursday			
friday			
saturday		